



Press Button D twice to go to the TIMER mode. The TIMER mode indicator appears on the display.

- Press Button A for 2 seconds. The second digits start flashing. 1.
- Press Button B to set the second digits. 2. Press Button B to set the second digits. One digit (flashing) is advanced with each press of Button B and reversed with each or reversed quickly by keeping Button B (advance) or C (reverse) pressed. Press Button D to confirm the second setting and move on to the minute setting. The minute digits start flashing. Press Button B or C to set the minute digits.
- 3.
- Press Button B or C to set the minute digits in the same manner as the second setting. 4.
- Press Button D to confirm the minute 5. setting and move on to the hour setting The hour digits start flashing.
- Press Button B or C to set the hour digits 6. in the same manner as the second and minute setting.
- Press Button A to complete the timer 7. setting.



- Press Button B in the TIMER mode to start the countdown timer. 1.
- Press Button B to stop the countdown timer. 2.
- To reset the timer, press Button C 3.

Press Button D to return to the TIME/CALENDAR mode.





■ HOW TO SET ALARM TIME ALARM mode indicator



Press Button D three times to go to the ALARM mode. The ALARM mode indicator appears mode. The AL on the display.

- Press Button A for 2 seconds. The hour digits start flashing. 1.
- 2. Press Button B to set the hour digits. One Press Button B to set the hour digits. One digit (flashing) is advanced with each press of Button B and reversed with each or reversed quickly by keeping Button B (advance) or C (reverse) pressed. Press Button D to confirm the hour setting and move on to the minute setting. The minute digits start flashing
- 3.
- minute digits start flashing. Press Button B or C to set the minute digits in the same manner as the hour setting. 4.
- Press Button D to confirm the minute setting and move on to the time zone setting. 5.
- Press Button B or C to select the time zone. 6. Press Button A to complete the alarm 7. setting.

Press Button D to return to the TIME/CALENDAR mode.



How to turn ON or OFF the alarm

In the ALARM mode, with each press of Button B, the alarm can be turned ON or OFF. When the alarm is turned on, the ALARM mark appears on the Display.



How to stop the alarm while sounding

The alarm sounds for 20 seconds at the designated time. To stop it manually while sounding, press any Button.

HOW TO SET SECOND TIME ZONE SECOND TIME ZONE mode indicator



Press Button D four times to go to the SECOND TIME ZONE. The SECOND TIME ZONE indicator

appears on the display.

- Press Button A for 2 seconds. The hour digits start flashing. 1.
- Press Button B to set the hour digits. One digit (flashing) is advanced with each press of Button B and reversed with each press of Button C. The digits are advanced or reversed quickly by keeping Button B (advance) or C (reverse) pressed. 2.
- Press Button D to confirm the hour setting and move on to the minute setting. The minute digits start flashing. 3.
- Press Button B to set the minute digits. The minute digits are increased in 30-minute increments. 4.
- After all the adjustments are completed, press Button A to confirm the time zone 5. setting.



Press Button D to return to the TIME/CALENDAR mode.

■ HOW TO USE EL BACKLIGHT In any mode press Button A to illuminate the display for about 3 seconds.

Note:

- The backlight of the watch employs an elec-tro-luminescent (EL) light, which tends to lose illuminating power after very long use. The illumination provided by backlight may be hard to see when viewed under direct suplicit. 2. sunlight.

BATTERY CHANGE

The miniature battery CR2032, which powers your watch should last approximately 4 years. However, because it is inserted at the factory, the actual life of the battery once in your possession may be less than the specified period.

. Be sure to replace the battery to prevent any possible malfunction as soon as it runs down. To replace the battery we recommend taking the watch to a local watch repair shop.

Note: If the alarm is used for more than 20 seconds a day and/or the illuminating light for more than 6 seconds a day, the battery life may be less than the specified period specified period.

CARE OF YOUR LORUS WATCH BATTERY

CAUTION Do not expose the old battery to fire or recharge it. Keep it at a place beyond the reach of children. If a child swallows it, consult recharge it. Keep it at reach of children. If a a doctor immediately. WATER RESISTANT Condition of use Accidental

Indication on the dial/ case back	contact with water, such as splashes and rain	Swimming and taking a shower	Skin diving	Scuba diving
No Indication	NO	NO	NO	NO
WATER RESISTANT	YES	NO	NO	NO
WATER RESISTANT (50M/5 BAR)	YES	YES	NO	NO
WATER RESISTANT (100M/10 BAR or above)	YES	YES	YES	NO

If your watch is 200 M/20 BAR, 100 M/10 BAR or 50 M/5 BAR water resistant, it is so indicated on the dial/case back.

- Do not operate the buttons when the watch is wet. If the watch is exposed to salt water, rinse it in fresh water and then wipe it thoroughly dry.

Caution:

Leather Band

- A leather band is susceptible to discoloration and deterioration from moisture, sweat and direct sunlight.
- Wipe off moisture and sweat as soon as possible by gently blotting them up with a dry cloth.
- Do not expose the watch to direct sunlight for a long time. Do
- Please take care when wearing a watch with light-colored band, as dirt is likely to show up.
- Refrain from wearing a leather band watch other than Aqua Free bands while with water even if the watch itself is water-resistant enforced for daily use(10-BAR/20-BAR water resistant).
- Plastic band
 - As for material characteristics, the band is easily dirtied, and may be stained and discolored. Wipe off dirt with a wet cloth or cleaning tissue.
 - Unlike bands of other materials, cra may result in the band being cut. To care not to damage the band with cracks Take an edged tool.

ALLERGIC REACTION

Because the case and band touch the skin directly, it is important to clean them regularly directly, it is important to clean mem regulary. in not, shirt sleeves may be stained and those with delicate skin may develop a rash. Please wear the watch with some play to avoid any possible allergic reaction. If you develop a rash on your wrist, stop wearing and consult a physician.

MAGNETISM

Your watch will not be affected by magnetism generated by household electric appliances.

SHOCKS AND VIBRATIONS

ch may be worn for normal sports but be careful not to drop it or hit it Your watch activities, on hard surfaces.

TEMPERATURE

Your watch is pre-adjusted so that constant accuracy may be insured at normal temperature

■ SERVICE When your LORUS watch requires repair or servicing, please see the enclosed WARRANTY/GUARANTEE.



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